

Anesthesiology

SCHOOL OF MEDICINE

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### A Life in Anesthetic Pharmacology



Constant Theme: It's about the bike



# Northwestern Medicine®





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# The Hook (the bait)

- All Sr Medical Students at Northwestern, applying to Anesthesiology residencies, were strongly encouraged to enroll in the Clinical Pharmacokinetics seminar that was offered to Pharmacology graduate students
  - For my Med School class it was Rod Eckenhoff and me
  - Later, while I was the TA for the class, it included
    - Mark Derschwitz, MD, PhD
    - Evan Kharasch, MD, PhD
    - Chris Stock, MD

The class was assigned math-intensive homework for which our tools consisted of semi-log graph paper and a calculator









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#### 1978

**First Year Trainees** 

Northwestern Memorial Hospital

Veterans Administration Lakeside Hospital

Chicago, Illinois



Members of the McGaw Medical Center of Northwestern University



Thomas Henthorn Drake University Northwestern University School of Medicine

- Clinical Base year elective rotation in Clinical Pharmacology
  - Every day was a 'study day' with one of the projects of the labs' three PIs
    - Samples were spun and analyzed, usually by HPLC, the day they were collected
    - Art's motto: "Science is the triumph of rigor over reason"
  - Mid-month, an immunology fellow who had just given birth showed up ready to do the planned-for-the-future Theophylline Breast Milk study that week
    - Perception that asthmatics had 'jittery' babies
  - Everyone in the lab was too busy to study her, so the clin pharm fellow, G Paul Stec, told Art, "Let Henthorn do it."
    - Even though no protocol had been developed



# Kidneys on the chest







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SAAM is a digital computer program developed for the analysis of data in terms of models. It permits simulation and data fitting, and contains various techniques encountered in model building.

Although developed primarily for biological systems and more specifically for kinetic models, the program is of general utility. It differs from other simulation and analysis systems in that the "language" is geared towards the bio-medical "system" investigator and its elements are direct counterparts of techniques and conceptualizations used by the experimenter.

Model building is complicated and requires -- in addition to intuition and speculation -- knowledge of mathematical and statistical procedures and their limitations. This manual is only a brief description of the procedures used in SAAM and some of their limitations. For additional background material the reader is referred to the reference section.

SAAM is a large, complex program and is continuously being extended and revised. Like any large program, SAAM is difficult to completely debug, and it probably contains some undetected errors, even through it has been in use since 1959. It is recommended, therefore, that the user run some test problems of his own, the answers to which he knows. We also invite users to call to our attention any questionable results which may be attributed to the program and not to errors in the data.

This manual is for the SAAM 23 version of the program. Revisions and updates will appear occasionally, and will be sent to those who request that their names be placed on our mailing list. A new version of SAAM is

SAAM is a digital program developed for the analysis of data in terms of models. It permits simulation and data fitting, and Model building is complicated and contains various techniques in requires – in addition to intuition and model building. speculation—knowledge of mathematical and statistical procedures and their limitations. This manual is only a brief description of the procedures used in SAAM and some of their limitations.

# The Era





# Not Kidneys, but Dialysis Chambers



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#### Heterogeneity of Interstitial Fluid Space Demonstrated by Simultaneous Kinetic Analysis of the Distribution and Elimination of Inulin and Gallamine<sup>1</sup>

THOMAS K. HENTHORN, MICHAEL J. AVRAM, MARILYNN C. FREDERIKSEN and ARTHUR J. ATKINSON, JR. Clinical Pharmacology Center and Departments of Anesthesia, Pharmacology and Medicine, Northwestern University Medical School, Chicago, Illinois

Accepted for publication May 10, 1982

nesthesioloav

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Plasma gallamine concentrations were measured by the spectrofluorometric method of Ramzan and colleagues (1980). Their modification of this method was used to measure gallamine concentrations in by spectrophotometric detection with the absorbance set at 560 nm.



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#### Doctor of Medicine

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Arth

Juli Killer





#### Dr. Jaimie Henthorn (She/Her) · 1st

Director of Academic Innovation Programs at University of Colorado System Denver, Colorado, United States · Contact info

500+ connections

University of Colorado System

TL Trinity Laban



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Diffusion coefficient (volume/time)

#### **Renkin Equation**

$$Cl = Q(1 - e^{-P/Q})$$

 $Cl_B = Cl_P/[(1-Hct) + Hct(RBC/Plasma)]$ 

$$P_{F} = Q_{F} \ln[Q_{F}/(Q_{F} - CI_{F})]$$
$$P_{S} = Q_{S} \ln[Q_{S}/(Q_{S} - CI_{S})]$$









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#### TABLE 1

#### Gallamine and inulin pharmacokinetic parameters

Dec No	Vc	VF		Vs		V <sub>T</sub>		ClE		Cl <sub>F</sub> (Blood) <sup>a</sup>		Cl <sub>S</sub> (Blood) <sup>a</sup>	
Dog No.		Gallamine	Inulin	Gallamine	Inulin	Gallamine	Inulin	Gallamine	Inulin	Gallamine	Inulin	Gallamine	Inulin
	I	1		1		l/kg	7	ml/n	nin	ml/n	nin	ml/m	nin
1	1.01	1.22	1.00	3.60	2.55	0.30	0.23	36.8	62.6	464.2	133.5	101.4	54.2
2	1.09	1.34	1.46	1.90	1.60	0.27	0.26	49.2	65.3	958.1	236.6	110.3	43.4
3	0.81	0.89	0.74	1.28	1.26	0.19	0.21	32.8	43.6	607.9	158.1	98.0	43.4
4	0.77	0.93	0.71	1.24	1.54	0.19	0.20	32.8	44.0	430.6	125.8	66.5	44.7
5	0.86	0.63	0.45	1.32	1.21	0.21	0.19	23.0	36.8	415.4	105.7	89.7	50.4
6	0.80	0.89	0.82	1.21	1.57	0.19	0.21	37.3	50.5	429.2	150.5	69.8	38.8
Mean	0.89	0.98	0.86	1.76	1.60	0.23	0.22	35.3	50.3	550.9	151.7	89.3	45.8
±S.D.	0.13	0.26	0.34	0.94	0.49	0.05	0.03	8.5	11.3	211.3	45.5	17.7	5.5

" Intercompartmental clearances are referenced to whole blood as described under "Methods."







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#### TABLE 2

### Kinetically determined blood volumes compared with expected values

Dec No	. Link	Mainh	Blood Volume				
Dog No.	HCL	weight	Observed"	Expected			
	96	kg	1	1			
1	29.0	19.5	1.42	1.72			
2	35.0	15.9	1.67	1.40			
3	42.5	14.5	1.41	1.28			
4	37.0	15.0	1.12	1.32			
5	31.0	13.6	1.25	1.20			
6	41.0	15.0	1.36	1.32			
Mean	35.9	15.6	1.37	1.37			
±S.D.	5.4	2.1	0.19	0.18			

" Calculated from central compartment volume and Hct.

<sup>b</sup> Estimated from body weight (Reeve et al., 1953).



### Karolinska Institutet: Huddinge Hospital



#### Lars Gustafsson



#### Julbocken











FIG. 5. Serum thiopental concentration (log scale) versus time for the young (filled circles and bars) and the elderly (unfilled circles and bars) patients shown in figure 3. All of the measured thiopental FIG. 6. Volume of the central compartment  $(V_1)$  versus age. The dots represent the  $V_1$ , derived from the pharmacokinetic analysis for each patient. The solid curve was derived using nonlinear regression of  $V_1$  versus age to an exponential equation (see table 2).



Homer TD, Stanski DR. Anesthesiology, 1985

Did somebody say physiology??



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#### Experimental Design and Conduct Keeper of 'Real'





#### Protector Anesthesia Pharmacokinetic Swat Team

Physiologic Basis of Pharmacokinetic Models Recirculatory *in vivo* pk experimental paradigm:

- Drug and physiologic markers
  - indocyanine green intravascular space, mixing
  - antipyrine total body water, flow-limited diffusion
  - e.g., lidocaine partitions to lung and other tissue
- Rapid central venous injection
- Nearly continuous arterial sampling
- Cross fingers that a model of the data could be constructed













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Laboratory Investigations | April 1999

# Recirculatory and Compartmental Pharmacokinetic Modeling of Alfentanil in Pigs : The Influence of Cardiac Output **FREE**

Jette A. Kuipers, BSc; Fred Boer, MD, PhD; Erik Olofsen, MSc; Wim Olieman; Arie A. Vletter, BSc; Anton G. L. Burm, PhD; James G. Bovill, MD, PhD, FFARCSI 3000 ICG + Author and Article Information 1000 2500 Blood conc. (ng/ml) Anesthesiology April 1999, Vol. 90, 1146–1157. 2000 1500 1000 Alfentanil 500 Anesthesioloav 0.5 1.5

Time (min)

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# 2000-2016: Years as Department Chair, University of Colorado

### Journal Club

#### Early Exposure to Common Anesthetic Agents Causes Widespread Neurodegeneration in the Developing Rat Brain and Persistent Learning Deficits

Vesna Jevtovic-Todorovic, Richard E. Hartman, Yukitoshi Izumi, Nicholas D. Benshoff, Krikor Dikranian, Charles F. Zorumski, John W. Olney, and David F. Wozniak Journal of Neuroscience 1 February 2003, 23 (3) 876-882; DOI: https://doi.org/10.1523/JNEUROSCI.23-03-00876.2003





# 2000-2016: Years as Department Chair, University of Colorado

#### SESSION #2 (10:50 – 12:15)

Theme:

#### Alzheimer's Disease

**Moderators:** Vesna Jevtovic-Todorovic, MD, PhD, MBA Professor of Anesthesiology and Neuroscience University of Virginia Charlottesville, NC

> Mohamed Naguib, MD Professor Department of General Anesthesiology Cleveland Clinic, Institute of Anesthesiology Cleveland, OH

#### Anesthetic Modulation of Neuroinflammation 10:50 - 11:20 in Alzheimer's Disease

#### **Rod Eckenhoff MD**

Professor of Anesthesiology and Critical Care University of Pennsylvania Philadelphia, PA



#### **Past Presidents**

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2020 President Konrad Meissner, MD Universitatsmedizin Gottingen Gottingen, Germany

2017 President

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of Medicine

Mohamed Naguib, MD **Cleveland Clinic** Cleveland, OH USA Stanford, CA USA

2016 President Vesna Jevtovic -Todorovic, MD. PhD. MBA University of Colorado

Englewood, CO USA

#### 2015 President

James M. Sonner, MD University of California. San Francisco Palo Alto, CA USA

#### 2014 President Yuguang Huang, MD Peking Union Medical **College Hospital** Beijing, CHINA



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### 2016 - : Anesthesiology Department Chair

#### **Airways October Newsletter**



Department of Anesthesiology UNIVERSITY OF COLORADO ANSCHUTZ MEDICAL CAMPUS







Welcome to Fall, a very busy time of year for all of us. Yet, even with tight schedules, I hope you take some time to read through this issue to capture all the amazing activities taking place across teams and our department.

First, I'd like to share the incredible news that an endowment has been made in honor of Dr. Robert H. Friesen, MD, Professor Emeritus, University of Colorado Department of Anesthesiology. The Chair will be called the Robert Friesen, MD Endowed Chair in Anesthesiology. Please click on the article below to learn more about this

#### Piet Hein van der Graaf, PhD – LU, Pharmacology



Albert Dahan, MD, PhD and Erik Olofsen, PhD – LUMC, Anesthesiology



#### MARNIX J. SIGTERMANS Ketamine's second life Treatment of acute and chronic pain

Chronic pain is a widespread condition in the general population. For this reason, chronic pain management has received increased attention in recent years, both in clinical practice and in scientific research. This thesis describes a series of experiments which studied the efficacy and safety of ketamine in subanesthetic doses. Both healthy volunteers and chronic pain patients were recruited for these studies. The specific chronic pain condition studied in these experiments was *Complex Regional Pain Syndrome type* 1, which is characterized by chronic pain affecting one or more extremities. It is very difficult to treat this condition with current pharmacotherapeutic interventions. However, one of the studies in this thesis showed that a continuous ketamine infusion, lasting for several days, can have a prolonged effect in reducing pain scores for up to several weeks (despite rapidly decreasing ketamine plasma concentrations after termination of the infusion). In addition, experiments in both healthy volunteers and patients were performed to study the pharmacokinetics and pharmacodynamics of ketamine in subanesthetic doses. European Journal of Pain 15 (2011) 258-267



Population pharmacokinetic-pharmacodynamic modeling of ketamine-induced pain relief of chronic pain

Albert Dahan<sup>\*,1</sup>, Erik Olofsen<sup>1</sup>, Marnix Sigtermans, Ingeborg Noppers, Marieke Niesters, Leon Aarts, Martin Bauer, Elise Sarton

Department of Anesthesiology, Leiden University Medical Center, 2300 RC Leiden, The Netherlands



International Society for Anaesthetic Pharmacology

Anesthetic Pharmacology and Preclinical Pharmacology Section Editor: Marcel E. Durieux Clinical Pharmacology Section Editor: Tony Gin

#### The Dose-Dependent Effect of S(+)-Ketamine on Cardiac Output in Healthy Volunteers and Complex Regional Pain Syndrome Type 1 Chronic Pain Patients

Erik Olofsen, MSc, Marnix Sigtermans, MD, PhD, Ingeborg Noppers, MD, PhD, Marieke Niesters, MD, Msc, Rene Mooren, MSc, Martin Bauer, MD, Leon Aarts, MD, PhD, Elise Sarton, MD, PhD, and Albert Dahan, MD, PhD



Anesthesiology 2009; 111:892-903

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#### S(+)-ketamine Effect on Experimental Pain and Cardiac Output

A Population Pharmacokinetic-Pharmacodynamic Modeling Study in Healthy Volunteers

Marnix Sigtermans, M.D.,\* Albert Dahan, M.D., Ph.D.,† René Mooren, B.Sc.,‡ Martin Bauer, M.D.,§ Benjamin Kest, Ph.D.,|| Elise Sarton, M.D., Ph.D.,§ Erik Olofsen, M.Sc.#



#### NONMEM Users Guide - Part V

Introductory Guide

November 2013

by

Alison J. Boeckmann

Lewis B. Sheiner

Stuart L. Beal

NONMEM Project Group University of California at San Francisco

ICON Development Solutions, Hanover, Maryland

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#### **Chapter 2 - NONMEM Examples**

#### 1. What This Chapter is About

In this chapter, two examples of the use of NONMEM will be given. The first estimates pharmacokinetic parameters of an individual from his data; the second estimates so-called population parameters from data from a group of individuals. The examples serve to introduce NONMEM notation, input and output, and to provide an idea of what is possible using the system. The second example will be discussed again in Chapter 11.

#### 2. An Individual's Theophylline Kinetics

Figure 2.1 shows the input used to fit a model to observations of theophylline plasma concentration *vs* time in a single individual after a single dose of 320 mg.

```
$PROB SIMPLE NONLINEAR REGRESSION - THEOPHYLINE
SINPUT ID AMT TIME DV
SDATA P2DATA
$SUBROUTINE ADVAN2
SPK
KA=THETA(1)
K=THETA(2)
V=THETA(3)
               Scale = 11
s2=v
SERROR
Y = F + ERR(1)
$THETA (0, 1.7) (0, .102) (0, 29.)
$OMEGA 1.2
$ESTIMATION PRINT=5
SCOVARIANCE
STABLE ID AMT TIME
$SCATTER PRED VS DV UNIT
```

Figure 2.1. The input (i.e., NM-TRAN control records) for analysis of some individual theophylline data.

The first line (record) gives a name to the problem. The rest of the lines (records) discuss the data, the model, and the desired output. Before going into these in some greater detail, you may want to look right now at figures 2.1 and 2.2, and then 2.4 and 2.5. Figure 2.2 shows the data for this problem, and figures 2.4 and 2.5 show some of NON-MEM's output. All you need to know to get a good idea of what this analysis shows is that the one-compartment model with first-order absorption has been used; the observed concentrations and the times of observation after the bolus dose are in columns 4 and 3, respectively, of figure 2.2; and that the symbol DV stands for dependent variable (the observed concentrations, in this case). You should, for example, even at this point, be able to tell that the estimate of Volume of Distribution (V in figure 2.1, and THETA(3) in figure 2.4) is 32 liters (L), with a standard error of  $\pm 1.26$  L. Now consider the figures in greater detail.

#### 2.1. The NM-TRAN Control Records

The second record of figure 2.1 names the data items that appear on each data record, and the third record gives the name of the file containing the data records, P2DATA in this example. Figure 2.2 shows the contents of P2DATA.



### Combined Recirculatory-compartmental Population Pharmacokinetic Modeling of Arterial and Venous Plasma S(+) and R(–) Ketamine Concentrations

Thomas K. Henthorn, M.D., Michael J. Avram, Ph.D., Albert Dahan, M.D., Ph.D., Lars L. Gustafsson, M.D., Ph.D., Jan Persson, M.D., Ph.D., Tom C. Krejcie, M.D., Erik Olofsen, Ph.D.

Anesthesiology 2018; 129:260-70







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British Journal of Anaesthesia 92 (4): 475–84 (2004) DOI: 10.1093/bja/aeh089 Advance Access publication February 6, 2004

# The two-compartment recirculatory pharmacokinetic model—an introduction to recirculatory pharmacokinetic concepts

#### R. N. Upton

Department of Anaesthesia and Intensive Care, Royal Adelaide Hospital, University of Adelaide, North Terrace, Adelaide, SA 5005, Australia E-mail: richard.upton@adelaide.edu.au



Upton RN. British Journal of Anaesthesia 92 (4): 475-84 (2004)

$$V_{\text{lung}} * dC_a / dt = R_0 - CO * (C_a - C_C)$$
(1)  
$$C_a = (R_0 / \Sigma Cl) + C_C$$
(2)  
$$C_{\text{UNMIXED}} = \text{Infusion Rate / CO}$$



Presented by: John Schoenknecht Author and Educator The Great Waukesha Water War





Cold Jet - Unmixed Arterial Blood

lea<mark>sant Water = V<sub>C</sub></mark>



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**Question:** If  $C_{\text{UNMIXED}}$  = Infusion/CO, what happens to  $C_a$  in low cardiac ouput states?

**Corollary Question:** What happens to context-sensitive  $C_a$  in low cardiac output states?



Anesthesiology 2018; 128:912-20

# Influence of Cardiac Output on the Pharmacokinetics of Sufentanil in Anesthetized Pigs

Torsten Birkholz, M.D., Christian Leuthold, M.D., Joachim Schmidt, M.D., Harald Ihmsen, Ph.D., Jürgen Schüttler, M.D., Christian Jeleazcov, M.D., M.Sc.





After 3h of infusion, the simulated context-sensitive half time for a CO of 7 l/ min was approximately eight times longer than for a CO of 3 l/min. This is surprising, because one may expect a more rapid decrease in plasma concentrations with increased drug clearance due to increased CO.



#### Anesthesiology 2018; 128:912-20



FIG. 5. Serum thiopental concentration (log scale) versus time for the young (filled circles and bars) and the elderly (unfilled circles and bars) patients shown in figure 3. All of the measured thiopental FIG. 6. Volume of the central compartment  $(V_1)$  versus age. The dots represent the  $V_1$ , derived from the pharmacokinetic analysis for each patient. The solid curve was derived using nonlinear regression of  $V_1$  versus age to an exponential equation (see table 2).



Homer TD, Stanski DR. Anesthesiology, 1985







